







Women and Gender Studies (WGST) 304

Issues in Aboriginal Women's Health and Wellness (Revision 2)

Status:

Replaced with new revision, see the [course listing](#)  for the current revision 

Delivery mode:

[Individualized study online](#)  or [Grouped study](#) 

Credits:

3

Areas of study:

Arts or Social Science

Prerequisites:

None

Precluded:

WMST 304. (WGST 304 cannot be taken for credit if credit has already been obtained for WMST 304).

Challenge:

WGST 304 has a challenge for credit option.

Faculty:

[Faculty of Humanities and Social Sciences](#) 

Overview

WGST 304 looks at a variety of topics related to Aboriginal women's health and wellness. Aboriginal women's health and wellness issues will be examined across physical, intellectual, emotional, and spiritual dimensions, giving credence to both animate and inanimate matter and to the creator, who is considered to be at the center of all that exists. The Aboriginal way of knowing, being, and living (Aboriginal epistemology) is central to understanding Aboriginal women's health and wellness issues. The wholistic nature of an Aboriginal world view is present in all course units.

Outline


- Unit 1: Introduction to Aboriginal Women's Health and Wellness
- Unit 2: Aboriginal Women's Health in a Historical Context
- Unit 3: Aboriginal Cultures, Identity, and Health
- Unit 4: Aboriginal Women's Familial Issues and Health
- Unit 5: Contemporary Aboriginal Women's Health and Wellness Issues
- Unit 6: Long-term Effects of Colonization on Aboriginal Women's Health and Wellness
- Unit 7: Aboriginal Women's Health and Healing Ways
- Unit 8: Conclusions: Where Do We Go from Here?

Evaluation

To **receive credit** [↗](#) for WGST 304, you must achieve a minimum, overall grade of **D (50 percent)** [↗](#) or better for the entire course. The weighting of the composite grade is as follows:

Activity	Weight	Complete by
Assignment 1: Three Short Essays	15%	After Unit 2

Activity	Weight	Complete by
Assignment 2: Midterm Take-home Test	30%	After Unit 4
Assignment 3: Research Proposal and Outline	20%	After Unit 7
Assignment 4: Research Paper	35%	After Unit 8
Total	100%	

To learn more about assignments and examinations, please refer to Athabasca University's [online Calendar](#) .

Materials

Digital course materials

Links to the following course materials will be made available in the course:

Anderson, K., & Lawrence, B. (Eds.). (2003). *Strong women stories: Native vision and community survival*. Toronto: Sumach Press.

Physical course materials

The following course materials are included in a course package that will be shipped to your home prior to your course's start date:

Fontaine, T. (2010). Broken Circle, In *Broken circle: The dark legacy of Indian residential schools: A memoir*. (pp. 21–37). British Columbia: Heritage House Publishing Co.

Waldram, J. B., Herring, D. A., & Young, T. K. (2006). *Aboriginal health in Canada: Historical, cultural, and epidemiological perspectives* (2nd ed.). Toronto: University of Toronto Press.

Other materials

The balance of the course is delivered online using a Student Manual, Course Information, and Study Guide.

Challenge for credit

Overview

The challenge for credit process allows you to demonstrate that you have acquired a command of the general subject matter, knowledge, intellectual and/or other skills that would normally be found in a university-level course.

Full information about **challenge for credit** [↗](#) can be found in the Undergraduate Calendar.

Evaluation

To **receive credit** [↗](#) for the WGST 304 challenge registration, you must achieve a grade of at least **D (50 percent)** [↗](#) or greater on the research essay to be eligible to write the challenge examination. A cumulative average of 50 percent on both activities is required. Credit is awarded on a pass/fail basis only.

 **Challenge for credit course registration form**

Important links

- › [Academic advising](#) [↗](#)
- › [Program planning](#) [↗](#)
- › [Request assistance](#) [↗](#)
- › [Support services](#) [↗](#)

Athabasca University reserves the right to amend course outlines occasionally and without notice. Courses offered by other delivery methods may vary from their individualized study counterparts.

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View [previous revision](#) 
