

# Psychology (PSYC) 345

# The Psychology of Gender and Sexuality (Revision 6)

Status:	Replaced with new revision, see the <b>course listing</b> for the current revision
Delivery mode:	Individualized study online 🗹
Credits:	3
Areas of study:	Arts or Social Science
Prerequisites:	None
Precluded:	PSYC 343 (PSYC 345 may not be taken for credit if credit has already been obtained for
Preciuded.	PSYC 343.)
Challenge:	PSYC 345 has a challenge for credit option.
Faculty:	Faculty of Humanities and Social Sciences

## Overview

This course takes an intersectional approach to analyzing a variety of topics related to the psychology of sexuality and gender, as it is mediated by diverse identities, social locations, and life experiences. Students will become adept at critically evaluating the theories and methods used by psychologists that ultimately work to shape contemporary beliefs about sexuality and gender. By considering crucial social and political issues such as colonization, research paradigms, stereotypes, violence, identity, relationships, and mental health, students will enrich their understanding of feminist approaches to psychology. This course focuses on the gendered impacts of power, privilege, and oppression while drawing upon a wide breadth of theoretical lenses, including queer theory, critical race theory, Indigenous approaches, and critical disability studies.

## **Outline**

#### Section I: Foundations

Unit 1: Situating the Study of Gender and Sexuality

Unit 2: Patriarchy, Intersectionality, and Colonization

Unit 3: Paradigms and the Politics of Knowledge Production

#### Section II: Stereotypes, Violence, and Resistance

Unit 4: Stereotypes and Minority Stress

Unit 5: Violence and Prevention

## Section III: Development, Identity, and Relationships

Unit 6: Childhood and Identity Formation

Unit 7: Relationships—From Friends to Family

Unit 8: Sex and Sexuality

#### **Section IV: Consequences of Categorization**

Unit 9: Gender, Jobs, and Income Inequality

## **Section V: Looking Ahead**

Unit 11: Putting It All Into Practice

## Learning outcomes

After you have completed this course, you should be able to:

- evaluate psychological theories and methods with an awareness of the impact that gender, sexuality, power, and diversity have on scientific knowledge,
- explain how diversity, oppression, and social justice shape gendered experiences across the lifespan,
- demonstrate how psychological research on gender and sexuality is enriched when examining multiple levels of analysis, social context, and attention to structural oppression,
- analyze the ways in which gendered power dynamics affect the mental health, well-being, and life trajectory of diversely situated individuals and groups,
- evaluate the myriad ways gender and sexuality interface with issues related to income and employment, violence, stress and coping, stigma and prejudice, sex and relationships, family planning and parenting, and mental health and well-being, and
- clearly communicate the importance of applying critical feminist theories, including intersectionality and decolonization, to the study of gender and sexuality.

## **Evaluation**

**Activity** Weight

Activity	Weight
Paradigm Paper	15%
Midterm Assignment	20%
Project Proposal Assignment	15%
Media Engagement Assignment	15%
Final Project	25%
Participation and Engagement Assignment	10%
Total	100%

To learn more about assignments and examinations, please refer to Athabasca University's **online Calendar**  $\square$ .

## **Materials**

Burns, S. R. (2019). *Psychology of sex and gender*. Worth Publishers. (Print) Rutherford, A. (2021). *Psychology at the intersections of gender, feminism,* 

history, and culture. Cambridge University Press. (eBook)

## **Other Resources**

All other learning resources, including a Study Guide, journal articles, book chapters, and audiovisual material, will be available online.

## Challenge for credit

#### Overview

The challenge for credit process allows you to demonstrate that you have

acquired a command of the general subject matter, knowledge, intellectual and/or other skills that would normally be found in a university-level course.

Full information about **challenge for credit** 🗷 can be found in the Undergraduate Calendar.

## **Evaluation**

Activity	Weight
Research Paper	50%
Online Exam	50%
Total	100%



Challenge for credit course registration form

# **Important links**

- > Academic advising 🗹
- > Program planning 🖸
- > Request assistance 🗹
- > Support services 🖸

Athabasca University reserves the right to amend course outlines occasionally and without notice. Courses offered by other delivery methods may vary from their individualized study counterparts.

Opened in Revision 6, July 13, 2022

Updated October 3, 2024

View previous revision 🖺